

Connolly, James John

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4953	119	578	879	180	551	187	2850	340	3970	5356	-2	57	Glendale	19791202	5143			
6231	115	598	1071	178	513	162	3436	380	5226	4465	1		Walnut	19800527	6412			
5763	1203	530	1058	183	5184	1716	3406	380	4440	50165	+2	17	Knoxville	19800616	5871			
7306	110	664	1204	195	490	157	3974	425	6482	4451	1		Fresno	19830330	7456			
7287	1105	+08	660	00	1310	191	4919	1604	+16	3762	400	6426	4360	4	Santa Barbara	19830417	7373	
7596	1110	+02	686	+16	1398	195	4983	1558	+37	3880	425	6852	43776	2	Berkeley	19830520	7647	
7443	1105	+22	682		1327	200	4915	1536	+23	2784	440	6600	43822	7	Houston	19830531	7469	
7734	1110		691		1392	206	4958	1568		3932	410	7262	43790	6	Westwood	19830622	7768	
6293	1129	+18	680	+11	1272	195	4994	1529	+06	4114	0	7726	0	+10	5	Gainesville	19840329	6257
7491	1109		629		1451	186	5013	148	+20	4052	430	7268	4531	2	Walnut	19840427	7549	
7758	1116		639		1370	189	4949	1556		4234	455	7818	43349	2	Pullman	19840517	7756	
7733	1115	-07	681	-10	1508	200	4907	1538	+12	3648	450	6704	43998	6	Los Angeles	19840622	7771	
7706	1097		699		1245	207	5008	1494	+12	4224	470	5954	45341	5	Talence	19840916	7742	
5346	109		648		1397	195	494	149		4022	0			dnf	Los Angeles	19850324		
7766	1117	+14	669	+16	1384	199	4987	1537	00	3972	460	6840	42926	5	Walnut	19860425		
7748	1115	00	686		1344	210	4999	1561		4104	470	6404	44418	2	Los Angeles	19860520		
7768	1106	+04	687	+12	1456	201	4982	1571	-08	4054	440	6946	43921	4	Indianapolis	19860607		
7509	1155	-27	683	-02	1434	198	5075	1554	+04	4098	430	6962	44905	10	Eugene	19860619		
5744 W	1086	+40	740	+50	1458	196	5002	1482	+51	4302	0			dnf	Saskatoon	19860817		
7710	1106		708		1311	205	5116	1568		4314	440	6500	43662	1	Eagle Rock	19870322		
8121	1069	+16	684	+19	1379	209	4926	1464	+12	4068	460	6998	43498	1	Baton Rouge	19870604		
8023	1085	+20	712	+19	1505	193	4988	1508	-04	3858	450	7436	43046	4	San Jose	19870624		
8026	1113	-21	708	00	1475	210	4990	1504	+17	4278	460	6944	44725	2	Zagreb	19870717		
7872	1120	-12	683	00	1395	199	5003	1510	-01	4000	470	7136	43410	8	Indianapolis	19880721		
6237	1091	+39	696	+30	1377	201	5024	1539	+14	3968	450			dnf	Saskatoon	19880814		

Personal Bests10: **8596** 1069 +16 740 +50 1508 210 4907 **4158** 1464 4314 470 7818 42926 **4007**
 Personal Bests7: **3420** 0 740 1508 210 **0** 0 470 0 **0**