

FDM-B Reference Marks

First valid marks reaching each 100-point threshold.

Points	100 m	LJ	SP	HJ	400 m	110H	DT	PV	JT	1500 m
1200	9.68	8.74	20.94	2.44	43.26	12.42	65.75	6.38	94.20	3:28.95
1100	9.99	8.40	19.17	2.33	44.70	12.95	60.06	5.98	84.80	3:45.39
1000	10.30	8.04	17.44	2.22	46.20	13.51	54.46	5.57	75.74	4:02.25
900	10.64	7.67	15.78	2.11	47.79	14.09	48.95	5.15	67.03	4:19.60
800	10.99	7.29	14.17	2.01	49.46	14.71	43.55	4.74	58.69	4:37.50
700	11.35	6.88	12.63	1.90	51.24	15.37	38.26	4.31	50.75	4:56.03
600	11.74	6.45	11.17	1.79	53.15	16.08	33.10	3.88	43.26	5:15.34
500	12.16	6.00	9.78	1.67	55.23	16.85	28.08	3.45	36.24	5:35.57
400	12.62	5.50	8.48	1.56	57.53	17.70	23.24	3.00	29.76	5:56.98
300	13.13	4.96	7.29	1.45	60.14	18.67	18.60	2.55	23.89	6:19.97
200	13.72	4.35	6.23	1.34	63.23	19.81	14.22	2.07	18.75	6:45.26
100	14.47	3.60	5.34	1.22	67.26	21.30	10.21	1.58	14.57	7:14.60